Optical Minimum-Shift Keying with Direct Detection (MSK/DD)

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ABSTRACT
This paper presents a new optical Minimum-Shift Keying (MSK) modulation scheme with high spectral efficiency. The transmitter is realized in an Offset-Quaternary Phase-Shift Keying (QPSK) arrangement. The receiver uses a delay & add filter (DAF) and photodiodes for direct detection. An MSK precoder for the transmitter is derived.

Keywords: Optical communications, (continuous-)phase modulation, minimum-shift keying, direct detection

1. INTRODUCTION
Recently, several new modulation schemes for increasing spectral efficiency compared to intensity modulation (IM) or differential binary phase-shift keying (DBPSK) were proposed, e.g. differential quadrature phase-shift keying (DQPSK),\(^1\) combined amplitude-/phase-shift keying (ASK-DPSK),\(^2\) differential 8-level phase-shift keying (8-DPSK),\(^3\) and optical QAM with orthogonal polarization (OQ\(^2\)AM).\(^4\) They have a higher spectral efficiency because more than 1 bit/symbol as in IM or DBPSK is transmitted allowing for lower symbol rates. MSK belongs to the class of continuous-phase modulation (CPM) schemes and has an increased spectral efficiency compared to IM or DBPSK, although it is also a binary scheme. This is because the phase of the MSK signal is continuous over time and changes only along well-defined phase trajectories.\(^5\) We present a transmitter for optical MSK based on two Mach-Zehnder modulators (MZM) similar to the transmitter for DQPSK.\(^1\) The MSK receiver with one delay & add filter (DAF) and photodiodes for direct detection is similar to the DBPSK receiver.\(^6\)

First, the basics of MSK are shortly reviewed in section 2. Then the MSK transmitter will be presented in section 3. After that, demodulation is analyzed and the proposed receiver will be shown in section 4. In section 5 an equivalent circuit for the MSK system will be given, which helps deriving the precoder function needed at the transmitter. Finally, features of optical MSK are investigated and compared to those of other optical modulation schemes in section 6.

2. MSK BASICS
The phase \(\varphi(t)\) of a phase-shift keying (PSK) signal normally exhibits discontinuities due to hard switching. This gives rise to a broad spectrum of PSK signals. In contrast, the phase of the MSK signal is a continuous time function.\(^5\) The MSK signal is expressed in general as

\[
e_{\text{MSK}}(t) = A \cdot \sqrt{P} \cdot \exp\{j[\omega_0 t + \varphi(t)]\}.\quad (1)
\]

\(P\) is the constant power of the MSK signal and \(A\) is a constant factor. As can be seen from Fig. 1, \(\varphi(t)\) is linear and the phase changes between consecutive sampling instants \(nT, n \in \{0, \pm 1, \pm 2, \ldots\}\) are \(\pm \pi/2\). A linear increase represents bit ‘1’ and a linear decrease represents bit ‘0’. In Fig. 1. \(\varphi(0) = 0\) is assumed.

Obviously, the time derivative of the continuous and piece-wise linear phase \(\varphi(t)\) is

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The instantaneous frequency of the MSK signal thus is

\[ f_{m,0} = \frac{\omega_0}{2\pi} - \frac{1}{4T} \]  

for bit ‘0’ and

\[ f_{m,1} = \frac{\omega_0}{2\pi} + \frac{1}{4T} \]  

for bit ‘1’. The difference of the two instantaneous frequencies is

\[ \Delta f_m = f_{m,1} - f_{m,0} = \frac{1}{2T}. \]

This is the minimum frequency separation of two signals in order to ensure their orthogonality over a symbol period \( T \). Therefore the name of this modulation scheme is MSK.

3. OPTICAL MSK TRANSMITTER

3.1. Offset-QPSK

MSK can be implemented as offset-QPSK with cosine-impulse shaping. The presented optical MSK modulator follows this idea. The baseband offset-QPSK signal is

\[ s(t) = a(t) + jb(t) = \sum_{n=-\infty}^{\infty} [q_{2n} \cdot g(t - 2nT) + jq_{2n+1} \cdot g(t - 2nT - T)]. \]  

\( q_k \) is the input symbol sequence to the modulator with \( q_k = -1 \) for bit ‘0’ and \( q_k = +1 \) for bit ‘1’. The symbol sequence \( c_k \) shall be equivalent to \( q_k \), such that \( c_k = 1 \) if \( q_k = 1 \) and \( c_k = 0 \) if \( q_k = -1 \) (thus \( c_k \in \{0, 1\} \)). It will be needed later. Symbols with even indices are transmitted via the in-phase component, the symbols with odd indices are transmitted via the quadrature component. The quadrature component is delayed (“offset”) from the in-phase component by \( T \). For MSK an impulse \( g(t) \) is defined as
\[ g(t) = w(t) \cdot \cos \left( \frac{\pi}{2} \cdot \frac{t}{T} \right) \]  

(7)

with the window function

\[ w(t) = \begin{cases} 
1, & -T \leq t < T \\
0, & \text{elsewhere}
\end{cases} \]  

(8)

For the delayed impulse in the quadrature component follows

\[ g(t - T) = w(t - T) \cdot \sin \left( \frac{\pi}{2} \cdot \frac{t}{T} \right). \]  

(9)

\( g(t) \) is shown in Fig. 2. Note, that its duration is twice the symbol duration. The MSK signal is now written as

\[ e_{\text{MSK}}(t) = A \cdot \sqrt{P} \cdot |s(t)| \cdot \exp(j \omega_0 t) \]

\[ = A \cdot \sqrt{P} \cdot \exp\{j[\omega_0 t + \phi(t)]\}. \]  

(10)

It can be shown that \(|s(t)| = 1\). The phase \( \phi(t) \) in (10) is

\[ \phi(t) = \arctan \left[ \frac{b(t)}{a(t)} \right] = \arctan \left\{ \frac{\sum_{n=-\infty}^{\infty} q_{2n+1} \cdot w(t - 2nT - T) \cdot \sin \left[ \frac{\pi}{2T} (t - 2nT) \right]}{\sum_{n=-\infty}^{\infty} q_{2n} \cdot w(t - 2nT) \cdot \cos \left[ \frac{\pi}{2T} (t - 2nT) \right]} \right\}. \]  

(11)

As \( q_k \in \{-1, 1\} \), the first part in the argument of the arctan-function determines the sign of the function, which can change only at the time instants \( mT, m \in \{0, \pm 1, \pm 2, \ldots\} \), depending on the \( q_k \). For evaluating (11) in time intervals of length \( T \), the offset of in-phase and quadrature component has to be considered. The offset is illustrated in Fig. 3. For time intervals in which the index of \( q_k \) in the numerator is greater than the index of \( q_k \) in the denominator, the sign of the argument is \( q_k/q_{k-1} \). For the time intervals in which the index of \( q_k \) in the numerator is smaller than the index of \( q_k \) in the denominator, the sign of the argument is \( -q_k/q_{k+1} \). So the phase is

Figure 2. Cosine impulse \( g(t) \) for MSK

Figure 3. Offset of in-phase and quadrature components and relation between symbol sequence and time intervals
\[ \varphi(t) = \pm \sum_{k=-\infty}^{\infty} w(2t - T/2 - kT) \cdot \frac{\pi}{2T} \cdot (t - kT) + \tilde{\varphi}(t). \] (12)

In this representation \( \tilde{\varphi}(t) \) ensures that \( \varphi(t) \) is continuous. \( \tilde{\varphi}(t) \) is constant over time intervals of length \( T \). With \( w(2t - T/2 - kT) \), pieces of length \( T \) are selected. Thus, MSK can be implemented as offset-QPSK.

### 3.2. Impulse shaping

As stated in section 3.1 cosine-impulse shaping is necessary for MSK modulation. This can be achieved with a MZM. The electrical field strength of the optical signal at the output of a MZM is

\[ e_{\text{out}} = e_{\text{in}} \cdot \cos \left( \pi \frac{v}{V_{\pi}} \right). \] (13)

\( e_{\text{in}} \) is the field strength at the optical input of the MZM usually from a continuous-wave (CW) laser. \( v \) is the applied drive voltage, and \( V_{\pi} \) is the voltage that causes a phase shift of \( \pi \) in the arms of the modulator. The MZM transfer characteristic from 13 is plotted in Fig. 4. For a positive cosine envelope representing bit ‘1’ the drive voltage has to rise linearly from \(-V_{\pi}/2\) to \(V_{\pi}/2\) or fall vice versa, and for a negative cosine envelope representing bit ‘0’ the drive voltage has to go linearly from \(V_{\pi}/2\) to \(3V_{\pi}/2\) or vice versa. In order to get positive or negative cosine envelopes the drive voltage is composed of

\[ v = v_1 + v_2. \] (14)

\( v_1(t) \) is a periodical triangular function independent of the data as illustrated in Fig. 5. Over a time span of \( 2T \) \( v_1(t) \) it rises linearly from \(-V_{\pi}/2\) to \(V_{\pi}/2\) and falls to \(-V_{\pi}/2\) during the next time span \( 2T \). \( v_2(t) \) is the data signal. It is

\[ v_{2,\alpha}(t) = \sum_{n=-\infty}^{\infty} V_{\pi} \cdot \overline{v_2n} \cdot w(t - 2nT). \] (15)

for the in-phase component and

**Figure 4.** Transfer characteristic of Mach-Zehnder modulator

**Figure 5.** Periodic triangular drive voltage \( v_1(t) \)
\[ v_{2,b}(t) = \sum_{n=-\infty}^{\infty} V_n \cdot c_{2n+1} \cdot w(t - 2nT - T) \]  

(16)

for the quadrature component. \( c_k \) is the inverted equivalent symbol sequence as described in section 3.1 with \( c_k \in \{0, 1\} \). So \( v_2(t) \) selects either the positive or the negative part of the MZM characteristic, while \( v_1(t) \) is responsible for the cosine impulse shaping.

### 3.3. MSK transmitter

The MSK transmitter is shown in Fig. 6. Data symbols \( c_k \) with even indices are forwarded to the upper output (e), data symbols \( c_k \) with odd indices to the lower output (o) of the multiplexer. After inversion of the data symbols and rectangular (non-return to zero) impulse shaping we get the drive voltage \( v_{2,a}(t) \) and with a delay element of delay \( T \) the drive voltage \( v_{2,b}(t) \), respectively. The drive voltage \( v_1(t) \) and its delay version \( v_1(t - T) \) are generated separately. Light from a continuous-wave (CW) laser

\[ e_{\text{cw}}(t) = A \cdot \sqrt{P} \cdot \exp(j\omega_0 t) \]  

(17)

is split by a cross-coupler into two paths and then modulated by two MZM. \( \omega_0 \) is the carrier angular frequency, \( P \) is the power of the CW laser and \( A \) a constant factor. At the output of the transmitter we have the desired MSK signal given in (10).

### 4. MSK RECEIVER

In this section an optical receiver for direct detection of the MSK signal according to (10) will be presented. We recall that the phase difference between two time instants \( mT \) and \( (m+1)T \), \( m \in \{0, \pm1, \pm2, \ldots\} \) is either \(-\pi/2\) for bit ‘0’ or \(+\pi/2\) for bit ‘1’ in the time span \( mT \leq t < (m+1)T \). Thus, the MSK signal can be demodulated differentially with the receiver in Fig. 8. The MSK receiver consists of an optical DAF and an O/E converter with two photodiodes. With a phase shift \( \psi = 3\pi/2 \) in the lower branch and the delay \( \tau = T \) in the upper branch of the DAF, the output current of the receiver becomes

\[ i_0(t) = K \cdot R \cdot P \cdot A^2 \cdot \sin[\Delta \varphi(t)] \]  

(18)

with

\[ \Delta \varphi(t) = \varphi(t) - \varphi(t - T). \]  

(19)

![Figure 6. Optical MSK transmitter](image-url)
Figure 7. Optical MSK receiver

\( R \) is the responsivity of the photodiodes and \( K \) is a O/E conversion constant. At the sampling instants \( mT, m \in \{0, \pm 1, \pm 2, \ldots \} \) the output current is

\[
i_0(mT) = \pm 1 \cdot K \cdot R \cdot P \cdot A^2
\]  

(20)

with the negative sign for bit ‘0’ and the positive sign for bit ‘1’. Thus, a binary decision device with threshold 0 can be used to estimate the bit sequence \( d_k \).

5. MSK PRECODER

The detected bit sequence \( d_k \) at the receiver output is not equal to the bit sequence \( c_k \) at the transmitter input. However, \( d_k \) is a function of \( c_k \). In the following an MSK precoder will be derived such that the input to the precoder and the output of the receiver are equal. The task of the precoder is illustrated in Fig. 8. The cascade of MSK transmitter and receiver can be translated into the equivalent logic circuit in Fig. 9. It contains negated XOR gates, an inverter, and a delay element (memory). The multiplexer (MUX) at the output forwards either the upper (1) or the lower (0) input to the output depending on the clock signal \( t_k \), alternating between 0 and 1. A state-transition diagram derived from the circuit in Fig. 9 is given in Fig. 10. The first digit of the state labels stands for the instantaneous value of the clock signal \( t_k \) and the second digit represents the output of the delay element \( c_{k-1} \). The first digit in the transition labels is the input symbol \( c_k \), and the second digit denotes the output symbol \( d_k \). Further, the state-transition diagram can be transferred into a truth table (see Table 1). The MSK precoder function can be easily derived from Table 1. We find

\[
c_k = t_k \cdot c_{k-1} \cdot d_k + t_k \cdot c_{k-1} \cdot d_{k} + t_k \cdot c_{k-1} \cdot d_{k} + t_k \cdot c_{k-1} \cdot d_{k}.
\]  

(21)

c_k is a function of \( c_{k-1} \), the precoder input sequence \( d_k \) and an alternating clock signal \( t_k \).

6. FEATURES OF MSK

6.1. Spectrum

First we present the spectrum of an MSK signal in comparison to the spectra of DBPSK and DQPSK in Fig. 11. In each case the bit rate is 10 Gbit/s and the signal power is identical. We assume that the electrical drive signals

Figure 8. MSK precoder in series with the MSK transmitter and receiver
Figure 9. Logic circuit equivalent to cascade of MSK transmitter and receiver

Figure 10. State-transition diagramm for equivalent circuit

Table 1. Truth table for state-transition diagram

<table>
<thead>
<tr>
<th>Transition</th>
<th>Clock $t_k$</th>
<th>Input $c_k$</th>
<th>Memory $c_{k-1}$</th>
<th>Output $d_k$</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>II</td>
<td>1</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>III</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
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<td>0</td>
<td>0</td>
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<tr>
<td>VII</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
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<tr>
<td>VIII</td>
<td>0</td>
<td>1</td>
<td>1</td>
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</tr>
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</table>
exhibits perfectly rectangular NRZ shape. (In the MSK case, \(v_2(t)\) is a NRZ signal, whereas \(v_1(t)\) of course is the triangular signal.) No optical filtering was applied. It can be seen that the main lobe of the MSK spectrum is narrower than the main lobe of the DBPSK spectrum. Also, for MSK more signal energy is contained in the main lobe compared to DBPSK. The side lobes of the MSK spectrum contain less energy than the side lobes of the DBPSK spectrum. MSK has a slightly broader main lobe than DQPSK. However, the side lobes of the MSK spectrum contain less energy. These spectral properties make MSK an interesting alternative to DBPSK and DQPSK for dense wavelength-division multiplexing (DWDM). With MSK individual channels can be spaced more closely.

6.2. Hardware complexity

Hardware complexity of the three modulation schemes is compared in Table 2. The MSK transmitter is similar to the DQPSK transmitter, whereas the MSK receiver is similar to the DBPSK receiver. Hardware amount of MSK lies in between DBPSK and DQPSK.

6.3. Impact of bandlimited electrical drive signal

In a real system, the electrical drive signals will not be of perfectly rectangular or triangular, because this would require infinite bandwidth. We investigated the proposed MSK scheme for finite bandwidth electrical drive signals. The results are shown in Fig. 12. The bit rate was chosen to 10 Gbit/s. The perfect rectangular or triangular signals have been filtered by 3rd order Bessel low-pass filters. The 3 dB bandwidths were set to 20 GHz, 30 GHz, and 40 GHz (Fig. 12(a)-(c)). The optical signals passed through an optical 3rd order Bessel band-pass filter with 3 dB bandwidth of 40 GHz. For comparison, Fig. 12(d) shows the case that the electrical drive signals are not band limited, but the optical filter is used. Fig. 12(e) shows the ideal MSK case with neither electrical nor optical filter. For all five cases it was assumed that the electrical receiver is described by a 3rd order Bessel low-pass filter with a 3 dB bandwidth of 20 GHz. The first column shows the triangular electrical drive signal. The greater the electrical bandwidth the sharper are the edges of the triangle. The spectra do not vary significantly. Only the first two side lobes become more distinct with increased bandwidth. The power of the

![Figure 11. Spectra of DBPSK, MSK and DQPSK for 10 Gbit/s](image)

| Table 2. Comparison of hardware complexity for DBPSK, MSK, and DQPSK |
|------------------|------|------|------|
|                  | DBPSK | MSK  | DQPSK |
| Precoder         | yes   | yes  | yes  |
| Duration of el. impulses at tx | T     | 2T   | 2T   |
| MZMs at tx       | 1     | 2    | 2    |
| DAFs at rx       | 1     | 1    | 2    |
Figure 12. Effects of electrical and optical band limitation at transmitter:
(a) el. 3rd order Bessel low-pass (3 dB bandwidth 20 GHz), opt. 3rd order Bessel band-pass (3 dB bandwidth 40 GHz)
(b) el. 3rd order Bessel low-pass (3 dB bandwidth 30 GHz), opt. 3rd order Bessel band-pass (3 dB bandwidth 40 GHz)
(c) el. 3rd order Bessel low-pass (3 dB bandwidth 40 GHz), opt. 3rd order Bessel band-pass (3 dB bandwidth 40 GHz)
(d) no electrical band limitation, optical 3rd order Bessel band-pass (3 dB bandwidth 40 GHz)
(e) neither electrical nor optical band limitation
optical time domain MSK signals exhibit more differences. They are shown in the third column for the time span $20T$. Obviously, for increasing bandwidth, the power variations decline. For electrical drive signals with infinite bandwidth and bandlimited optical signal (Fig. 12(d)), there are still some small power variations, whereas the ideal MSK signal in Fig. 12(e) shows constant power. The eye diagrams of the received signals in column 4 show, that the closer the triangular signal is approximated, the greater the eye opening is. Note, that even in the case of an ideal drive signal Fig. 12(c) the eye opening is slightly decreased, because of the band limited receiver. The vertical eye-closing effect caused by band-limited electrical drive signals can be remedied by optical filtering after the transmitter. Fig. 13(c) shows that an optical tx filter yields a significantly greater vertical eye opening than without an optical tx filter (Fig. 13(a)). Also, the spectrum of the filtered signal (Fig. 13(d)) has a higher stopband attenuation than the unfiltered one (Fig. 13(b)). The reason for the improvement can be found in Fig. 14, which presents (a) the envelopes of the in-phase components, (b) the phases and (c) the instantaneous frequency offsets from the carrier for optically filtered and unfiltered MSK signals. Obviously, the curves for the filtered signal are smoother than for the unfiltered signal.

With simulations dispersion tolerance of MSK was investigated and compared to DBPSK. Fig. 15 shows eye opening penalties (EOP) vs. residual dispersion for both schemes. The bitrate of both systems was 10 Gbit/s, transmitters and receivers show 3rd order Bessel low-pass filter electrical characteristics with 20 GHz 3 dB-cut-off frequency. Both systems used optical 3rd order Bessel tx filters with 30 GHz 3 dB cut-off frequency and rx filters with 40 GHz 3 dB-cut-off frequency. As can be seen from Fig. 15, for small residual dispersion DBPSK has a slightly lower EOP than MSK. However, for residual dispersion above approximately 850 ps/nm MSK performs better than DBPSK. We have further found that the MSK eye remains open up to 2400 ps/nm, whereas the DBPSK eye is already totally closed at 1600 ps/nm. Note, that DBPSK generally has a higher dispersion tolerance than IM.

![Figure 13. Impact of optical filtering at the transmitter on demodulated signal and MSK spectrum:](image)
(a) eye diagram and (b) MSK spectrum without optical tx filter
(c) eye diagram and (d) MSK spectrum with optical 3rd order Bessel tx band-pass filter, 3 dB bandwidth 20 GHz
Figure 14. (a) Normalized envelope of in-phase component, (b) phase $\varphi(t)$, and (c) instantaneous frequency offset from carrier for optically filtered (left) and optically unfiltered (right) MSK signal with bandlimited electrical drive signals.
Figure 15. Normalized envelope of in-phase component, phase $\varphi(t)$, and momentary frequency offset from carrier for optically filtered (left) and optically unfiltered (right) MSK signal with bandlimited electrical drive signals.

7. CONCLUSIONS

We have presented a new optical MSK scheme with precoder, modulator and demodulator. The transmitter is implemented as offset-QPSK using MZMs for impulse shaping. The receiver consists of a DAF and photodiodes for direct detection. We have shown by simulation that MSK is spectrally more efficient than DBPSK and mostly also DQPSK. This makes MSK an interesting candidate for DWDM systems. The hardware complexity of MSK lies in between DBPSK and DQPSK. Impact of electrical and optical band limitation was discussed. An optical band-pass filter at the transmitter increases the vertical eye opening of the demodulated signal. Dispersion tolerance of MSK was investigated and our simulation shows, that MSK has a significantly lower EOP than DBPSK for residual dispersion larger than about 850 ps/nm. Further investigation on the impact of fiber nonlinearities and other typical effects in optical transmission systems on MSK are necessary and in process.

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